

TOP FIVE FITNESS TRACKERS



ACCORDING TO CONSUMER REPORTS (CR), THESE ARE THE BEST ACTIVITY TRACKERS ON THE MARKET:



SAMSUNG GEAR FIT 2 PRO

CR Score: 89

Cost: \$200*

Features: GPS, accelerometer, barometer, gyroscope, heart rate (HR) sensor

Battery Life: 5 days

Tracking: steps, floors, food, GPS, sleep, multi-sport

Additional Features: inactivity alerts, touchscreen, answer/reject calls, send decline messages



FITBIT SURGE

CR Score: 87

Cost: \$250

Features: GPS, accelerometer, gyroscope, digital compass, HR sensor, altimeter

Battery Life: 7 days

Tracking: steps, floors, food, GPS, sleep, multi-sport

Additional Features: touchscreen, notifications for calls and texts



TOMTOM SPARK 3 CARDIO + MUSIC

CR Score: 85

Cost: \$230

Features: accelerometer, gyroscope, compass, HR sensor, motion sensor

Battery Life: 21 days

Tracking: steps, GPS, sleep, multi-sport

Additional Features: Bluetooth headphones



GARMIN FORERUNNER 35

CR Score: 85

Cost: \$200

Features: GPS, accelerometer, HR sensor

Battery Life: 9 days

Tracking: steps, GPS, sleep, multi-sport

Additional Features: inactivity alerts, notifications for calls, texts, calendar alerts, social media updates



FITBIT ALTA HR

CR Score: 83

Cost: \$100

Features: accelerometer, HR sensor

Battery Life: 7 days

Tracking: steps, food, sleep

Additional Features: inactivity alerts, notifications for calls, texts, calendar alerts

FITBIT MAKES SOME OF THE MOST POPULAR DEVICES ON THE MARKET.

- The Fitbit Charge 3 Activity Tracker + Heart Rate monitor scores highly on CR and has rave reviews from triathletes, swimmers, and runners.
- The Fitbit Ionic Smartwatch—highly rated on Best Buy's website—has the added feature of a blood-oxygen sensor to detect sleep apnea.
- The Fitbit Ace Activity Tracker is the Fitbit for kids. Although some have reported that it isn't comfortable, most reviews say it is durable and easy to use for children.

The Fitbit app is likely popular because it promotes social interaction via challenges and discussion forums and because it celebrates milestones with fun badges like the Serengeti badge, which users earn after having walked 500 miles (the length of the Serengeti). *Cost data gathered from Best Buy or Amazon.